

Your guide to **Choice in Community Living**

**Choosing how you live, where you live and
who you live with**



What is Choice in Community Living?

Choice in Community Living is the opportunity for disabled people in Auckland, Waikato, Hutt Valley, Otago and Southland regions to move out of a residential facility or their family home and into their own home.

It gives you and your family/whānau choice and control over how you live, where you live and who you live with.

It is part of the Ministry of Health's New Model for Supporting Disabled People. The New Model supports disabled people to achieve their goals and have more choice and control over support and funding in their everyday lives.



Who is Choice in Community Living for?

Anyone living in a group home or anyone who has disability support needs similar to someone in a group home may be able to take part.

How do I use Choice in Community Living?

Talk to a Needs Assessment and Service Coordination (NASC) organisation

Taikura Trust (Auckland), Disability Support Link (Waikato), Life Unlimited (Hutt Valley), Access Ability (Otago/Southland). They will work with you and your family/whānau to see if Choice in Community Living is right for you.

The NASC will also help you through an assessment process to determine the amount of funding you will receive.

Choose a provider

You can choose a contracted Choice in Community Living provider in one of these regions. It is a good idea to talk to potential providers about how you want to live and how they might help you with that, so you can choose the provider that will suit you best.

Develop a plan

Think about what matters to you. You can make your plan with your family/whānau, friends, your provider or another agency. Think about your strengths and interests. Don't worry if your plan changes over time.

Put your plan in place

Once you've made your plan and it has been signed off with your NASC, your provider will help you make it a reality. This includes helping you find the right house and the right support so you can move into your new home and achieve your goals.

Enjoy your new life

Your provider, family/whānau and friends can keep supporting you once you are in your own home to make sure your plan is working well for you and that you have the support to achieve the life you want.



Where can I get more information?

To get more information about Choice in Community Living, contact:

Taikura Trust (Auckland)

Phone: 0800 824 5872 Email: info@taikura.org.nz

Disability Support Link (Waikato)

Phone: 0800 55 33 99 Email: dslooffice@waikatodhb.health.nz

Life Unlimited (Hutt Valley)

Phone: 0800 008 0011 Email: info@lifeunlimited.net.nz

Access Ability (Otago/Southland)

Phone: 0800 758 700 Email: otago@accessability.org.nz

The Ministry of Health has produced factsheets and information pamphlets that tell you about the disability support services they fund. You can get these online, by email or by phone:

www.health.govt.nz

Email: disability@moh.govt.nz

Phone: DSS MOH (0800 373 664)